



# 2019 Annual Report

*“For I was hungry and you gave me food, I was thirsty and you gave me drink,  
I was a stranger and you welcomed me.” Matthew 25:35*





Feed My People Founders: John & Carol Deguire

# Feed My People's Mission

**“To show God’s love and compassion to all His people, but particularly His people in need.”**

## Who We Are & Who We Serve:

It all started in 1982 with a bag of groceries and a desire to help our neighbors in need. Now, Feed My People provides over \$4 million in food and other assistance each year in the South County and Northern Jefferson County areas and serves over 43k meals annually. Feed My People has grown to be one of the largest food pantries and social service agencies in the St. Louis Region. In addition to food, the agency also provides a variety of services and programs serving people of all ages and backgrounds. Feed My People serves not only to feed the hungry, but also to improve the quality of life for the people they serve.

## Programs:

- Food help - Emergency and Long Term
- Job Counseling - Computer Lab
- Clothing and Household Items
- Thrift Stores - South County & High Ridge (open to the public)
- Nurse Consultant, personal care items, Eldercare
- Newborn layettes, school supplies, new shoes, Birthday Room
- Heaters, blankets, fans, utility assistance
- Christmas Programs - Adopt-A-Family, Giving Tree

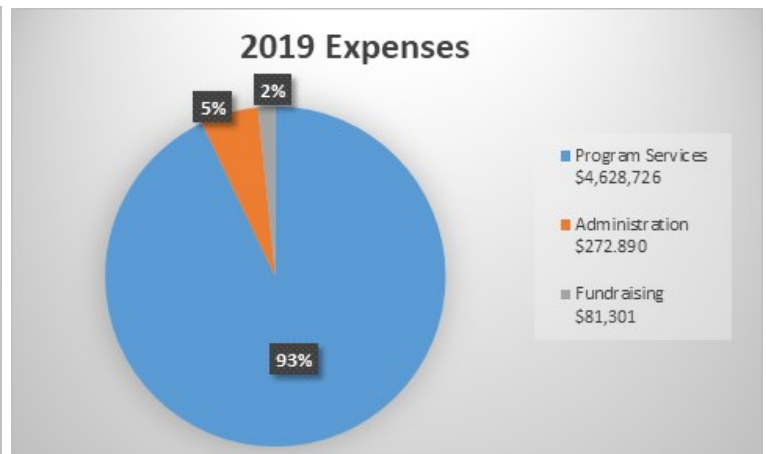
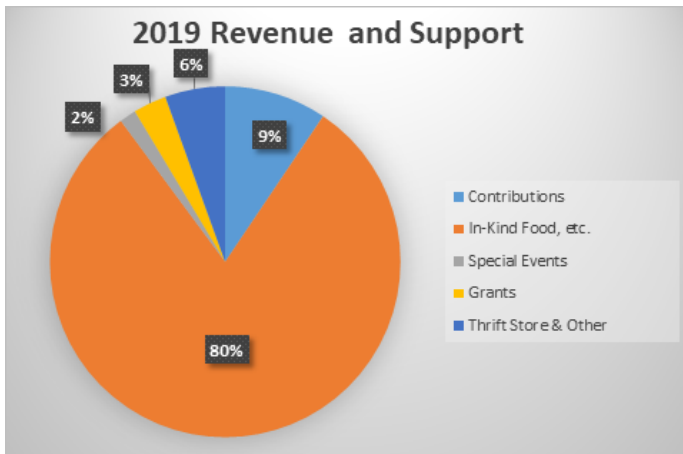


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# Financial Data

January 1, 2019-December 31, 2019



## 2019 Revenue and Support

Contributions	\$449,753
In-Kind Food, etc.	\$3,832,723
Special Events	\$73,428
Grants	\$145,850
Thrift Store & Other	\$264,605
	<b>\$4,955,501</b>

## 2019 Expenses

Program Services	\$4,628,726
Administration	\$272,890
Fundraising	\$81,301
	<b>\$4,982,917</b>

**Total Net Assets  
End-Of-Year  
\$2,236,767**

## Special Thanks

St. Louis Area food Bank  
Operation Food Search  
and to  
IBEW Local 1,  
Plumbers and Pipefitters Local 562  
for providing updates to our  
South County campus.

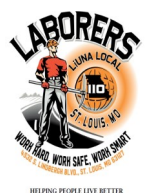
*"In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Feed My People as of December 31, 2019 and 2018, and in the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America."*

Martz & Wilson, LLP  
Certified Public Accountants  
October, 2020

## Corporate Sponsors



foam supplies, inc.



# No One Can Thrive on an Empty Stomach

1 in 7 People



Struggles with Hunger

1 in 6

**children**

Struggles with Hunger

- ◆ 13.3% of Missouri residents, 813,840 people, struggle with food insecurity.
- ◆ People facing hunger in Missouri are estimated to report needing **\$395,122,000** more per year to meet their food needs.
- ◆ The average cost of a meal is **\$2.87**

The average cost of a meal in Missouri is \$2.78.  
Data from Feeding America's Map the Meal Gap 2018 study.

## Feed My People Serving Those in Need

### 2019 Job Counseling Report

Feed My People assists clients through resume reviews, knowledge of job fairs and opportunities plus clothing assistance when needed.

**High Ridge:** 81 Served - 21 Placed

**South County:** 121 Served - 36 Placed

**TOTAL:** 202 Served - 57 Placed

### Those We Serve

Over half the clients served by Feed My People are children, 18 and under, and seniors, age 60 and over.

\*Does Not include Emergency Food Requests

## 2019 Because of You!

Generous donors provided funding so that...

- ◆ \$3,832,723 in food was donated from individuals, churches, organizations, Operation Food Search and St. Louis Area Food Bank.
- ◆ Provided ongoing access to school supplies for all client families with children.
- ◆ 440 families received food and Christmas gifts through the Adopt-a-Family program.
- ◆ 2,153 Clients and family members were provided a free shopping experience at the Elf Shop in High Ridge or the Giving Tree Room in South County.
- ◆ Your attendance and support of our fundraisers netted \$71,368.



# Friendraising & Fundraising Events



**Trivia Night**  
A favorite Feed My People Event

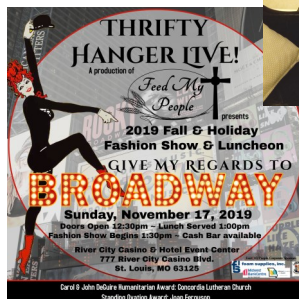
**Race Against Hunger**  
Combined a 5K Run + 1 Mile Walk



**National Hunger Awareness Month  
Chef's Food Pantry Challenge**  
Six chefs competed for the Feed My People  
Chef of the Year Award



**The Fall & Holiday  
Fashion Show,**  
*"Give My Regards to  
Broadway"*  
was a showcase of  
Thrifty Hanger Fashions.



# Thrifty Hanger Thrift Stores

**The Thrifty Hanger Thrift Stores at Feed My People** serve not only as a community resource, but as a client program for those we serve.

The low cost items, which are all donated, are a great commodity for those living at or below the poverty line and help meet the needs of those we serve. Clients, who have special needs beyond the discounted pricing are issued vouchers for interview clothing, household needs, clothing for children and family, etc.

The Thrifty Hanger Thrift Stores at Feed My People are also a welcoming environment for those in the community and serves as a regular stop for many customers and clients each day. The customers and clients become a familiar face and an extension of the Feed My People family, many of whom have been shopping with us for many years.

Donations of clothing and shoes for the family, books, home décor and household items are punctuated with new items, holiday merchandise, jewelry and small electronics. Often, The Thrifty Hanger is a one stop shopping destination for those clients of the food pantry.



## Unusual Finds!

## Open to the Public!





# We Love Our Volunteers!

441 recurring Volunteers + 72 volunteer groups = 79,227 hours



**It takes many hands to do God's work!**

We are grateful for the 441 volunteers who help Monday through Saturday at both Food Pantries and Thrift Stores.

Throughout the year, various churches, businesses and organizations assist in daily operations and in planning and execution of our four fundraising events;

**Trivia Night  
Chef's Challenge  
Race Against Hunger  
Thrifty Hanger Live! Fashion Show**



## Feed My People Intern Program

In its third year, the FMP Intern Program has grown to include students from the following colleges: St. Louis Community College, Fontbonne University, University of Missouri, St. Louis and Columbia.

Five high school students participating in CAPS (Center for Advanced Professional Studies) completed the FMP intern program in 2019.

# Executive Board of Directors

Ed Kovarik, President  
Jason Lenz, Vice-President  
Pat Mazanec, Secretary  
Bob Zaruba, Treasurer  
Sally Dehner, Co-Chair-Community Relations Committee  
Forrest Nixon, Co-Chair-Human Resources Committee  
Dan Kaestner, Chairman-Property Committee  
Mark Lauer, Chairman-Finance Committee  
Joan Ferguson, Chairman-Program Committee  
Karen Lanter, Executive Director

## Governing Board Churches

Abiding Savior Lutheran  
Affton Christian  
Bethesda Evangelical  
Christ Memorial Lutheran  
Concord Trinity United Methodist  
Concordia Lutheran  
Crosspoint Church  
Faith Community  
Faith Lutheran  
Fenton United Methodist  
Harmony Fellowship  
Holy Trinity Lutheran  
Hope Lutheran

Lutheran Church of the Resurrection  
Oak Bridge Community Church  
Peace Lutheran  
St. John's EVCC  
St. Lucas Lutheran  
St. Luke's United Methodist  
St. Margaret Mary Alocoque  
St. Paul's United Church of Christ  
St. Philip's United Church of Christ  
St. Thomas-Holy Spirit Lutheran  
South County Church of the Nazarene  
Unity of St. Louis-South

## Feed My People

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